



**MONDAY EVENING DONATION YOGA**

- **Yoga Tree – Mission Location**
- 6:00 - 7:30pm.
- 24 Shotwell Street @ 14<sup>th</sup> Street.
- Pay what you can afford
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**TUESDAY EVENING DONATION YOGA**

- **James Howell Studio**
- 6:00 - 7:30pm.
- 66 1/2 Sanchez Street (between Duboce Park & the Castro)
- Pay what you can afford.

**THURSDAY EVENING IYENGAR YOGA**

- **Yoga at Club One - Yerba Buena**
- 6:15 - 7:45 pm.
- 350 Third Street - San Francisco [\[map\]](#)

**SATURDAY MORNING DONATION YOGA**

- **James Howell Studio**
- 10:30am. - 12:00 noon.
- 66 1/2 Sanchez Street (between Duboce Park & the Castro)
- Pay what you can afford.
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